KAYLA CARRINGTON

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PROFESSIONAL

SUMMARY

REFERENCES

SKILLS

EXPERIENCE

**Fall ‘14-Spring ‘18**

**Summer ‘19**

Enthusiastic & dependable lifelong learner with a warm personality. A hadworking, thorough, motivated leader with strengths in organization and facilitation. Intersecting art, activism, and environmental psychology to work with community, children, and the environment in a healthy and active way.

Cait McHugh: mchughc2@uw.edu, 206-543-8801 (UW Arboretum Ed Dept)

Sylvia Hadnot: shadnot@antioch.edu 206-473-8630 (Artistic Peer)

Jazz Alto Saxophone Music Literacy Songwriting & Rap Teaching & Tutoring

Spoken Word/Poetry Gospel Choir

**UW Private Saxophone Lessons:**

[***About Greg Sinibaldi***](https://www.gregsinibaldi.com/about)

*S*tudent taking weekly lessons with Greg Sinibaldi, a tenor sax artist in the UW College of Music. We would set up weekly lesson plans, practice theory and improvisation, and get to know influential jazz, bebop, and R&B artists.

**Debut EP: Environmental Studies**

[***www.kaylacarrington.com***](http://www.kaylacarrington.com)

Took time off of working to create an album start to finish. This music with a message is intended for younger generations to connect on environmental activism and find their inner artist.

**Spring ‘18**

**Fall ’19 - present**

**Fall ’15 - Fall ‘18**

EDUCATION

**Self-Published Poetry Book: Each Step In**

[***https://www.kaylacarrington.com/eachstepin***](https://www.kaylacarrington.com/eachstepin)

Researched, experienced, and self-published a poetic message on Eco-Anxiety with a goal to encourage readers to root themselves in nature and search for emotional healing.

**UW Arboretum: Family Nature Class (FNC)**

[***FNC Website***](https://botanicgardens.uw.edu/education/youth-family/parent-child-nature-classes/)

Work solo as a Naturalist ensuring a fun, safe, and environmentally educational week, each week, for a group of 12-14 kids age 2-5 and their grown-ups. I create 2-hour curriculum packed with hikes, play, and activities for themes ranging from *Mushrooms* to *Nocturnal Animals*.

**Fiddleheads Forest School Instructor:** *UW Botanical Gardens: Seattle, WA*

[*Fiddleheads Website*](https://botanicgardens.uw.edu/education/youth-family/fiddleheads-forest-school/about-us/)

Rain or shine, this forest preschool guides daily outdoor play on individual and group levels. I contributed to this mission by facilitating lessons on music, reading, theatre, exploration, and crafts.

*University of Washington Class of 2018 GPA 3.7*

**Bachelor of Arts’**: Environmental Studies- Honors

Community, Environment, and Planning (CEP)

**Minor:** Education, Learning, and Society